## **Quest Connect Groups**

Quest Connect Groups meet each week to discuss the message from Sunday, encourage each other, and grow in faith together.

Stop by the information center or visit our website for a list of groups, contact a host and make the connection this week.

Childcare is available at the church for Wednesday night groups.

Register online by midnight Sunday for childcare service this Wednesday

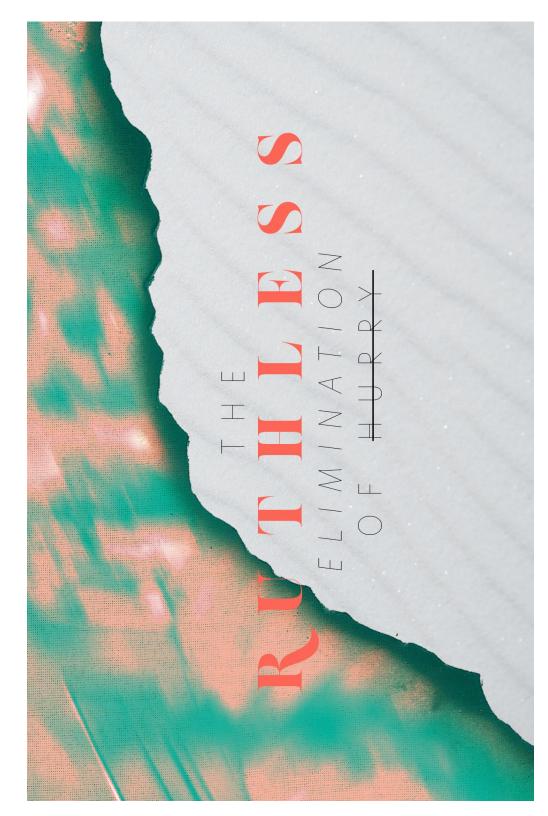
- 1. Why do you think our society often perceives being in a hurry as a positive attribute? Why is slow perceived as bad?
- 2. What are some signs in your own life that you may be experiencing 'hurry sickness'?
- 3. How does being in a constant state of hurry affect your spiritual life and relationship with God?
- 4. How do you see hurry affecting your personal relationships and ability to love those around you?
- 5. Read **Matthew 11:28-30**. What does Jesus' invitation to take His yoke mean for our productivity and effectiveness? In what ways have you or experienced this? Or in what ways haven't you?
- 6. Pray for your group.

#### The Quest Church

We exist to proclaim the Good News and offer help for life's hurts.

www.thequestchurch.com

6107 I-30W / PO Box 1207 Royse City, TX 75189 972.635.7222 Sundays @ 8:30am, 10am & 11:30am



# Ruthless Elimination of Hurry -1 There Has To Be A Better Way

Mark 1:16

1 Corinthians 13:4

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil.

Ephesians 5:15-16

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."

Matthew 11:28-30

\*\*\*Next Step Reading: Matthew 11:28-30 Everyday\*\*\*

\* View messages with the Quest App – "thequestrc" or online at www.thequestchurch.com

#### **Next Sunday @ The Quest**



The way of the world is heavy and burdensome, full of chaos and constant demand. We wear our busyness like a twisted badge of honor. In Jesus we discover a spiritual life beyond exhaustion. His rhythms of rest and release set us free. Join us as we learn from Jesus to ruthlessly eliminate the hurry in our lives.

#### Join Us @ The Quest for

TeenQuest for HS & JH Students
Tonight, 6-8pm @ The Quest

Discovering Connect Groups
Sunday, January 21 @ 10am in the Lower Room

Connect Groups Winter Semester Begins
The week of January 21

### **Coming to The Quest**

Sundays @ 6pm - TeenQuest for HS & JH Students Mondays @ 6:30pm - Re:generation Recovery Group

Jan 21 – Connect Groups Winter Semester Begins

Jan 27 - SheQuest BINGO Night, 7pm

Jan 28 – Discovering The Quest, 10am

Jan 28 – Discovering Partnership 1, 10am

Feb 04 – Discovering Partnership 2, 10am

Feb 18 - Discovering Baptism Seminar, 10am

Feb 23 – 24 – Quest Church Married Life Conference

Feb 25 – Quest Baptism Celebration

Feb 25 - Discovering The Quest, 10am

Text Giving Available – Text "thequestrc" to 833.420.4255